

and a pair of opposing sides thereon so that said first end of said clip attaches to the first flange and said second end of said clip attaches to the second flange;

419  
see Fig 7 & accompanying text  
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c) a pair of downwardly extending outside rails disposed on said lower side of said base, said pair of outside rails disposed spaced apart wherein one of said pair of rails is adjacent each of said pair of sides of said base, a downwardly extending center rail disposed between said pair of outside rails, said pair of outside rails each having a first and second opposing end and a top surface, wherein a transverse slot is formed on each of said first and second ends of said outside rail, said transverse slot disposed between said top of said outside rail and said lower side of said base, wherein one end of each of the flanges is disposed in one of said transverse slots of each said end of said outside rail wherein said clip is secured between the pair of channels; and,

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Fig 2 117  
outside rails  
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See Fig 13

d) a post disposed on said upper side of said base, said post being generally perpendicular to said base, said post having opposing sides oriented toward said opposing sides of said base and a first and second end oriented toward said first and second opposing sides of said base, wherein a plurality of arms are disposed in a spaced apart relationship along said post, wherein said arms extend laterally away from said post toward said opposing sides of said post so that other objects can be mounted to said post.

Fig 13 14

10. The anchor of Claim 9, wherein each of said notches is about one-half as long as each of the flanges.